

## **GENERAL CONCEPTS ABOUT THE DEVELOPMENT OF CYCLING**

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***Annotation:*** in this article, the history of the origin and development of cycling is considered. The key or oldest history of cycling is explained according to what era, where and under what circumstances they played matches, what factors are important to the development and proper origin of the sport.

***Keywords:*** cycling, Origin, Development, History, Games, Olympic, change of development, sports organizations.

***Аннотация:*** в данной статье рассматривается история зарождения и развития велоспорта. Ключевая или древнейшая история велоспорта объясняется в зависимости от того, в какую эпоху, где и при каких обстоятельствах проводились матчи, какие факторы важны для развития и правильного происхождения этого вида спорта.

***Ключевые слова:*** велоспорт, Происхождение, Развитие, История, Игры, Олимпийский, изменение развития, спортивные организации.

Cycling is understood as reaching from one destination to the next, which is a technical vehicle that is drilled from the surface of the Earth using muscle power. Cycling has been the main physical qualities: speed, strength, endurance and agility provide opportunities for development and improvement. It is impossible to achieve success in any type of cycling without developing the above-mentioned quality. A special area with a material and technical background in cycling sports

is aimed at designing, building, repairing and technical inspection of the bike, which increases the technical knowledge and skills of the cyclist.

The skill of a cyclist depends on several factors, the main of which are physical, technical and tactical training. These factors will be closely related to each other from the very first steps of learning the technique of cycling beginners. The training of a cyclist is organized on the basis of didactic laws and rules developed in pedagogy-awareness, exhibitionism, activity, regularity, understanding and consistency. Applying this rule of law, which expresses the main requirement for the pedagogical process, the coach will have the opportunity to properly organize the pedagogical process, arm himself with special knowledge and skills, whether it is a student.

Cycling, also known as cycling, is a sport that includes cycling and walking. The history of the sport dates back to the previous centuries. Because of its variability and simplicity, bicycles are a sport with a large number of participants in the Olympics.

Today, cycling is common in the world and is among the favorite sports. Cycling supporters will have the opportunity to test yourself on mountain and quad bikes in particular, to conduct marches and as well as to negotiate.

The history of the origin and development of cycling continues widely and further development of the sport is expected. It is a game that is very interesting and mandatory for those who love sports with sports, variations and sweets.

Cycling, cycling, is a sport that involves buying and using a bicycle, requiring the proper use of external physical and coordination capabilities. The history of cycling has ancient and modernist manifestations.

Today, high-level cycling competitions are held everywhere in the world through large events and annual organized tours. Over the years of the sport's

unique progress and tremendous admiration, track and field athletes have been challenging each other to win at the highest level.

Several pieces of literature are devoted to analyzing the history and development of cycling. For example, a book called the development of bicycle racing: a socio-cultural analysis, provides information about the history of cycling, the Olympics and the games with young people about important events, athletes and Team conditions.

Others have published literature related to cycling support, athlete advocacy, and the development of the sport. A book, "The Science of Cycling", details the physical and material foundations of cycling, walking strategies, and tactics. In this case, the development of cycling and the necessary scientific knowledge of athletes to achieve a high level of efficiency are regulated.

The history and development of cycling, and the social, economic and political aspects of the sport are also seen extensively. The public popularity of cycling, the mediatic spread, and the sports sponsorship problem have also been explored in specific literature.

These are examples from only a handful of literature, and the number of literature analyzing the history and development of cycling is large and extensive. It helps to explore literature, high-level sports discussions, and athletes, community environments, and social flows. Literature analysis of cycling, which helps to achieve academic and scientific discussions of the sport.

Figure skating on a bike is a very emotional sport according to its description. Elements (movements) of Figure Skating are important in training an athlete and improving his technical skills. They develop an athlete's muscular sense, as well as a quality that is important to a cyclist, such as determining direction in places.

Academic and scientific discussions of cycling: the history and development of Cycling, allows achieving academic and scientific discussions of the sport. Literature analysis helps to study the history, development, physical and material foundations of cycling, walking strategies, tactics and social, economic and political aspects of sports.

The problem of public popularity and sponsorship of cycling: the public popularity of cycling, the mediatic prevalence and the problem of sponsorship are also factors that have influenced the origin and development of the sport. The mass use of cycling and the significant contribution of sponsors to the sport are important to the development of the sport.

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