

DEVELOPMENT OF PERSONAL COMPETENCIES OF FUTURE TEACHERS

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Annotatsiya: O'qituvchilar ta'lim jarayonida muhim rol o'ynaydi. Ular nafaqat bilim beruvchi, balki o'quvchilarning shaxsiy rivojlanishiga ham katta ta'sir ko'rsatadi. Shuning uchun bo'lajak o'qituvchilarning shaxsiy kompetensiyalarini rivojlantirish masalasi dolzarb ahamiyatga ega. Ushbu maqolada shaxsiy kompetensiyalar, ularning ta'lim jarayonidagi o'rnini va bo'lajak o'qituvchilarni tayyorlashda qanday rivojlantirish mumkinligi haqida ma'lumotlar berilgan.

Kalit so'zlar: shaxsiy kompetensiyalar, qobiliyatlar, shaxsiy va professional rivojlanish, natija, tahlil, rejalashtirish.

Аннотация: Учителя играют важную роль в образовательном процессе. Они дают национальные знания, но также оказывают большое влияние на личностное развитие учащихся. Для этого существует предприятие, которое помогает развивать личностные компетенции будущих учителей. Предоставляется информация о личностных компетенциях на Ушбе, роли статьи в образовательном процессе и о том, как она может помочь в подготовке будущих учителей.

Ключевые слова: личностные компетенции, личности, личностные и профессиональные, результат, анализ, оценка.

Abstract: Teachers play an important role in the educational process. They provide national knowledge, but also have a great impact on the personal development of students. For this, there is an enterprise that helps to develop the personal competencies of future teachers. Information is provided on personal

competencies in Ushba, the role of the article in the educational process, and how it can help in the training of future teachers.

Key words: personal competencies, individuals, personal and professional, result, analysis, evaluation.

Future teachers are the main foundation of the educational system. They play an important role not only as educators, but also in the personal and social development of students. The teaching profession is not only a profession, but also a field that includes great responsibility, requires creativity and humanity. The process of training future teachers begins with their interest and motivation for the teaching profession. Young people who choose the teaching profession often want to pass on their knowledge to others, contribute to social change and educate a new generation. Based on their personal experiences, they develop their own approaches to communicating with, understanding and helping students. Teachers should not only impart knowledge, but also encourage students to express themselves, think critically, and be creative. In the process of training future teachers, it is important to study pedagogical methods, use modern educational technologies and take into account the needs of students. In this process, it is necessary to pay special attention to practice in teacher training, because in a real classroom environment, teachers have the opportunity to apply their knowledge in practice. Personal competencies are a person's ability to understand himself, communicate with others, solve problems and achieve his goals. For teachers, these competencies are very important, because they should not only impart knowledge to students, but also help them realize themselves, develop their abilities and be successful in the social environment. [1]

There are a number of methods and strategies for developing personal competencies in the process of training future teachers. First of all, it is necessary

to direct teachers to self-awareness. It helps to identify one's abilities, strengths and weaknesses, as well as to set one's goals. During the process of self-awareness, teachers should focus on their personal and professional development. Developing communication skills is also very important. Teachers must communicate effectively with students, listen to them, and respect their opinions. To develop these competencies, it is necessary to learn and practice different communication methods. Also, through group activities and discussions, teachers have the opportunity to exchange ideas and experience. Developing problem-solving competencies is also important for teachers. Teachers are faced with various problems in their work and need to have creative thinking skills to solve them. To develop this competence, teachers should be encouraged to analyze problems, develop alternative solutions and test them in practice. It is also important to develop competencies to achieve one's goals. Teachers must have the ability to set their own goals, plan to achieve them, and evaluate their own performance. To develop this competence, it is necessary to teach teachers to set goals, plan and analyze their results.[2]

In the process of developing personal competencies, the use of mentoring and coaching methods for teachers can also be effective. Mentors and trainers can help teachers share their experiences, encourage and develop them. This process has a positive impact on teachers' self-awareness and professional development. It is also important to use modern technologies in the development of personal competencies of teachers. Through the Internet and digital resources, teachers have the opportunity to expand their knowledge, learn new methods and exchange experiences. Through online courses, webinars and forums, teachers can develop their competencies.[3]

Cooperation and teamwork are also important during the process of developing personal competencies in teacher training. Teachers can improve their competence by sharing experiences with each other, exchanging ideas and solving problems together. Teamwork allows teachers to help each other, develop new ideas and support each other in achieving their goals. The motivation of teachers also plays an important role in the process of developing personal competencies. Teachers should approach their work with interest and enthusiasm, strive to achieve their goals. To increase motivation, it is necessary to encourage teachers, recognize their successes and provide them with new opportunities. Self-assessment and analysis are also important during the process of developing personal competencies of teachers. Teachers should evaluate their activities, analyze their success in achieving their goals and plan their development. This process allows teachers to identify their strengths and weaknesses, develop themselves and achieve professional growth.[4]

In the modern education system, it is important to develop the personal competencies of teachers, increase the quality of education and ensure the success of students. Future teachers need to constantly update their knowledge and skills. Foreign experiences provide us with valuable information and approaches in this process. Programs and methods implemented abroad for the development of personal competencies of teachers can be used in our own educational system. There are many approaches to developing personal competencies for teachers abroad. For example, teacher training programs in the US are often practice-based. Teachers have the opportunity to apply their knowledge in practice, and also get the opportunity to work in groups to exchange ideas and gain experience. This process helps to develop teachers' collaborative skills. Teachers increase their

personal competence by sharing their experiences and learning from each other during practice.

In European countries, special attention is paid to the development of personal competences of teachers. For example, the teacher training system in Finland focuses on the self-development of teachers. Teachers regularly participate in seminars and trainings to update their knowledge and learn new pedagogical approaches. This process helps teachers expand their knowledge and adapt to modern educational requirements.

Conclusion:

In conclusion, the development of personal competencies of future teachers is an important part of the educational process. Teachers succeed in their work by developing self-awareness, communication, problem-solving, and goal-directing competencies. Also, through mentoring, modern technologies and teamwork, teachers can improve their competence. Encouraging and motivating teachers is also an integral part of this process. By developing personal competencies, teachers can prepare not only themselves, but also their students for a successful future.

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